



Florida Society of Dermatology Physician Assistants

New Wave Dermatology Southeast Regional Conference

April 2020

*Schedule and Agenda subject to change

VIRTUAL ON-DEMAND CONFERENCE

PRF

Joni Nicole Collins, DMS, PAC, CAC

1 CME Credit

OBJECTIVES

1. What is PRF?
2. PRF- improved combination therapy for the skin (melasma) / hair restoration (alopecia)/ PRF and dry eye
3. PRF and combination therapies in aesthetics PrRF (pdo, hyaluronic fillers, PRF)
4. PRF and fat grafting: improved outcomes.

Aesthetics in the Millennial Generation

Alexandra Fernandez-Sastre, PA-C

.5 CME Credit

OBJECTIVES

1. Assess the patient and determine if they are a candidate for preventive injections.
2. Discuss treatment options in regard to patient's anesthetic goal.
3. How to maintain natural beauty with social media's influence today – set realistic expectations.
4. Skin care and anti-aging routines. How to develop an easy to follow regime.

What You Need to Know About Nails

Phoebe Rich, M.D.

1 CME Credit

OBJECTIVES

1. Understand basic anatomy and physiology of the nail unit as it pertains to examination and diagnosis of ambiguous nail disorders.
2. Identify and diagnose common medical and surgical nail disorders.
3. Understand indications and methods for nail biopsies and other nail procedures.
4. Implement effective medical treatments for common nail conditions such as psoriasis and onychomycosis using evidence based literature.

OTP and FAPA Legislative Update

Greg Burns, PA-C, DFAAPA, FAPA President

1 CME Credit

OBJECTIVES

1. Recognize current State of Florida PA rules and regulations.
2. Recognize new PA Legislation affecting PA practice.
3. Identify ways to advocate for PA Profession in the State of Florida.
4. Recognize the make up of the current Council on Physician Assistants of FI Board of Medicine.

How an Expert Approaches Atopic Dermatitis

Matthew Zirwas, M.D.

1 CME Credit

OBJECTIVES

1. Develop a differential diagnosis for eczema based on the distribution
2. Design a treatment plan for eczema based on the most likely etiology
3. List systemic medications that can be useful for widespread eczema
4. Consider scabies in the differential diagnosis of widespread eczema



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Updates in Contact Dermatitis

Matthew Zirwas, M.D.

1 CME Credit

OBJECTIVES

1. List newly described causes of contact dermatitis
2. Recognize allergy to diabetic sensor and pumps
3. Recognize allergy to essential oils
4. Know the relevant exposures to methylisothiazolinone

Life Extension

Matthew Zirwas, M.D.

.5 CME

OBJECTIVES

1. Describe theories about why organisms age.
2. List 3 things that have a very high likelihood of extending life span based on current evidence
3. List 3 things that have a very low likelihood of extending life span based on current evidence
4. List 3 things that still have an unknown effect on extending life span based on current evidence

CBD

Matthew Zirwas, M.D.

.5 CME

OBJECTIVES

1. Describe the difference between marijuana and hemp.
2. Explain why CBD suddenly became so popular.
3. List differences between CBD and THC.
4. State where you can obtain information about the CBD content of products.

Pregnancy Therapeutics

Douglas DiRuggiero, PA-C

1 CME Credit

OBJECTIVES

1. Review the pathophysiology of how medications cross the placenta barrier.
2. Discuss the old and new classification system for therapeutic safety during pregnancy and lactation.
3. Review common treatment for derm conditions and their safety during pregnancy.
4. Review dermatology medications that are safe to utilize during lactation.

My Patient Report Says What?! Improving Clinic Skills Through Understanding of Basic Dermatopathology

Charles Knapp, M.D.

1 CME Credit

OBJECTIVES

1. Review basic inflammatory patterns referenced on pathology reports and their associated differential diagnoses.
2. Understand when to perform additional biopsies for direct immunofluorescence (DIF).
3. Discuss optional biopsy techniques for various dermatologic conditions and common pitfalls.
4. Review clinicopathologic correlation for common dermatologic conditions.



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Updates in Acne

Julie Harper, M.D.

1 CME Credit

OBJECTIVES

1. Review the current understanding of acne pathogenesis.
2. Discuss new treatments for acne.
3. Summarize risks of hormonal treatments for acne.
4. Summarize risks of isotretinoin.

Updates on Rosacea

Julie Harper, M.D.

1 CME Credit

OBJECTIVES

1. Review our current understanding of the pathogenesis of rosacea.
2. Review the clinical presentations of rosacea.
3. Formulate treatment plans for rosacea patients based on evidence-based medicine.
4. Discuss new treatments for rosacea.

Difficult to Diagnose Melanomas

Ashfaq Marghoob, M.D.

1 CME Credit

OBJECTIVES

1. Acknowledge that melanoma subtypes including nodular, nevoid, amelanotic, desmoplastic and spitzoid have proven to be clinically difficult to detect
2. Acknowledge that Dermoscopy has helped in the detection of clinically difficult to diagnose melanomas
3. Recognize the features common to these melanomas including vessels and shiny white structures
4. Understand the rationale behind the Triage Amalgamated Dermoscopy Algorithm

Leveraging Technology Toward Melanoma Diagnosis

Ashfaq Marghoob, M.D.

1 CME Credit

OBJECTIVES

1. Recognize the limitations of the ABCD rule for the clinical detection of melanoma
2. Acknowledge the benefits of baseline photography to help in monitoring lesions as a means to detect biologically dynamic lesions
3. Recognize the benefits of technology such as dermoscopy and confocal microscopy to assist in management decisions.

Tips and Tricks in Pediatric Dermatology

Pearl Kwong, M.D.

1 CME Credit

OBJECTIVES

1. To understand that dealing with pediatric pts are more time consuming and challenging.
2. To discuss some strategies on how to examine children.
3. To discuss some tips on how to do procedures on children.
4. To discuss communication techniques and other techniques to distract children.



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Difficult Cases in Pediatric Dermatology

Pearl Kwong, M.D.

1 CME Credit

OBJECTIVES

1. To illustrate difficult common cases in Pediatric Dermatology (PD).
2. To discuss challenging cases in Pediatric Dermatology.
3. To learn about management strategies in difficult cases in PD.
4. To discuss strategies and tricks on how to approach difficult cases in PD.

Psychodermatology

Laura Csere, D.O.

1 CME Credit

OBJECTIVES

1. Define delusional parasitosis and folie à deux and demonstrate an effective way to engage patients with these disorders in treatment planning.
2. Utilize basic CBT (cognitive behavioral therapy) as an adjunctive treatment in the management of Excoriation Disorder.
3. Identify pharmacological interventions for the treatment of delusional parasitosis and Excoriation Disorder.
4. Describe the most common psychiatric comorbidities associated with psoriasis and demonstrate how to evaluate patients with psoriasis for depression.

Advanced Injections and the Future of Aesthetic Medicine

Larry Blevins, PA-C

1 CME Credit

OBJECTIVES

1. Provide an in-depth understanding of how Mid-Level Providers can be optimized to expand cosmetics and aesthetics in the Dermatology practice
2. Discuss how to do an adequate patient evaluation and physical exam to create the ideal treatment plan
3. Provide an understanding of the facial aesthetical landmarks and the safety recommendations for different places
4. Provide an understanding of the aging process and how patient selection is pertinent to creating optimal results in a safe environment

Is Sunscreen Safe

James Spencer, M.D.

.5 CME

OBJECTIVES

- Understand concerns that some sunscreen filters may effect the hormonal system
- Understand coal bleaching
- Understand the relationship between sunscreen use and vitamin D levels
- Understand the evidence that sunscreens prevent melanoma



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The Red Face Part 1

Theodore Rosen, M.D.

1 CME Credit

OBJECTIVES

1. Develop a specific differential diagnosis based on cutaneous morphology
2. Request or perform appropriate tests to secure a single diagnosis
3. Initiate proper and timely therapeutic interventions for facial erythema

The Red Face Part 2

Theodore Rosen, M.D.

1 CME Credit

OBJECTIVES

1. Recognize select underlying systemic disorders associated with facial erythema
2. Identify causes of facial erythema which constitute an emergency
3. Distinguish between the three common causes of plethora

Psoriasis

John Koo, M.D.

1 CME Credit

OBJECTIVES

1. To learn about the unique merits and precautions in using the new topical medication halobetasol propionate/tazarotene lotion 0.01%/0.045%.
2. To learn about the unique merits and precautions in using the new topical medication calcipotriene/betamethasone dipropionate foam 0.005%/0.064%.
3. To learn about the potential off-treatment use of crisaborole ointment 2% in the treatment of psoriasis.
4. To learn about the phenomenon of super-saturation and how this can enhance the efficacy of topical agents for psoriasis.